# -Mini Review-Sperm Sexing in the Cattle Industry

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Abstract: Sperm sexing using flow cytometry and cellsorting technology is now available for many mammalian species with approximately 90% accuracy. This technique has been applied only in the cattle livestock industry on a large-scale commercial basis. Frozen straw doses containing sexed bull sperm (usually marketed as 'sexed semen') have been sold in many countries for artificial insemination (AI) use. However, the cell-sorting process damages sperm physically/physiologically, consequently compromising fertility results compared to conventionally processed sperm when used for AI or in vitro fertilization (IVF). Also, the production of sexed sperm is still limited and costly. Despite these biological and economic restrictions, sexed semen is widely accepted and the industry is awaiting further refinements to it because of growing demand.

*Key words:* Cattle, Bull, Sperm sexing, Artificial insemination, Embryo transfer

# Introduction

In the last century, the cattle industry had grown up with the introduction of artificial insemination (AI), resulting in efficient breeding with vast genetic improvement [1, 2]. At the same time, manipulating of sex of calves has been of great interest to the industry [1, 3], because of sex related traits (milking, herd replacement, growth rate, etc.), and eliminating calves of unwanted sex at the time of AI offers various benefits in animal production management [3–5]. However, no practical and efficacious method of sexing sperm was established until the 1980s [6, 7].

In 1989, a major breakthrough was reported by Johnson *et al.* [8] at the United States Department of Agriculture (USDA). They were the first to successfully produce mammalian (rabbit) offspring with intended sex bias using sexed sperm [8]. Their novel technique is based on

©2012 Japanese Society of Mammalian Ova Research Received: May 16, 2012 Accepted: June 29, 2012 e-mail: hayakawa@gh-assoc.ne.jp a system of a flow cytometer equipped with a cell sorter which can distinguish X-chromosome bearing sperm (X-sperm, female) from Y-chromosome bearing sperm (Y-sperm, male) in a given semen sample [6–7, 9].

Important trials were made in the cattle sector in the 1990s [10]. In 1993, Cran *et al.* [11] reported the world's first sex selected calves derived from transferred embryos that were fertilized *in vitro* using sexed sperm. Seidel *et al.* commenced AI trials and reported the first AI calves using unfrozen [12] and frozen [13] sexed sperm. A little later, a product termed 'sexed semen' (straw doses containing sexed frozen bull sperm) was released in the UK in 2000 [5]. After a decade, this technique still remains the only proven sperm sexing method and has been utilized for cattle and various other species [7, 10, 14]. Recently, several million doses of sexed semen have been produced yearly [10]. In most cases, sexed semen is marketed as 'female semen' because dairy operations constantly need replacement heifers.

Roughly 10 to 20 millions of sperm can be distinguished as 'male or female' and sorted per hour per sperm sorter currently in use [10, 14]. However, that number is equivalent to one (or less) dose of conventional semen so fewer sperm are deposited per insemination [10, 14], and the sexing process impairs sperm fertility [5, 7, 10, 14]. That is to say, sexed semen should be used for herds with excellent reproductive management, and is recommended for inseminating heifers that have inherently higher fertility than lactating dairy cows [7, 10, 14].

#### How are Sperm Sexed?

The principle and the procedure of sperm sexing have been described in previous review articles [7, 9, 14–15]. Briefly, sperm cells in fresh ejaculates are stained with Hoechst 33342, a vital dye which binds to DNA molecules stoichiometrically [16]. Since a bovine X-sperm contains approximately 4% more DNA than a Y-sperm [6, 7], X-sperm will bind 4% more dye. Hoechst 33342 dye only fluoresces when exposed to a particular wavelength of UV light. The basic instrument used is a flow cytom-

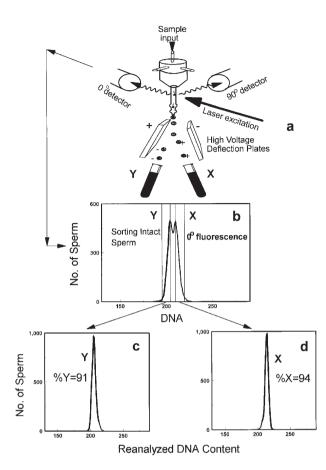


Fig. 1. Schematic diagram of flow cytometry and sex-sorting of sperm (a, b), and reanalyzed DNA content data from sorted fractions of Y-sperm (c) and X-sperm (d). Modified from Johnson, Welch and Rens. 1999 [9].

eter equipped with a cell sorter that consists of a pump to move the buffer (sheath fluid) containing sperm cells that receive excitation by a UV laser (Fig. 1a). Two detectors observe the fluorescence intensity of each sperm cell and a computer rapidly analyzes the digitized data allowing operators to recognize DNA content differences of sperm sub populations on a computer screen (Fig. 1b).

The cell-sorting unit of the system works as follows. When the stream of the sheath fluid exits the flow cytometer nozzle, a piezo vibrator breaks it forming 60,000 to 70,000 serial droplets per second. About one third of the droplets contain a sperm and others are empty. If a droplet is recognized as containing X-sperm, the system gives a positive charge to the droplet; and if the droplet contains a Y-sperm, multiple sperm, sperm with damaged membrane, undistinguishable sperm or no sperm, no charge is given. As the droplets fall after exiting the nozzle, they pass through a high voltage (2,000 to 3,000 V) field that is positive on one side and negative on the other. The droplets with positive charge (X-sperm) move toward the negative side of the field, and those with no charge continue falling straight down to the waste tube. The side stream of charged droplets is collected in a test tube, which fills with the X-sperm rich fraction. Conversely, Y-sperm can also be enriched in a similar way. This sorting process works quite well with a powerful computer combined with exquisitely designed hardware. Since the DNA content difference is small, the resulting fractions are not 100% pure populations of either X- or Y-sperm [7, 9].

Accumulated instrumental innovation including a custom designed nozzle [7, 9] led a manufacturer to produce a high speed sperm sorter 'MoFlo® SX' (Cytomation Inc., Fort Collins, CO, USA) [10]. The above procedures were originally patented by the USDA, and are exclusively controlled by XY LLC (Fort Collins, CO, USA), who develops and promotes the technology for commercial use with non-human species [10]. Currently MoFlo® sorters are manufactured by Beckman Coulter Inc. (Fullerton, CA, USA) and the sperm sorting model is distributed through XY LLC (currently located in Navasota, TX, USA) [10].

#### **Artificial Insemination Trials and Fertility Results**

While a conventional AI dose contains 10 to 30 million sperm per straw [1, 2], one dose of sexed semen currently contains about two to three million sperm [10, 14]. In the initial phase of trials, usable sexed sperm cell numbers were limited because of the complicated logistics [10, 12]. Thus, Seidel et al. proposed 'low dose Al' [12-15, 17] as a method for using sexed sperm efficiently with fewer sperm numbers per dose (0.1 million) as liguid (non frozen) semen [12]. After reports of successful cryopreservation of sexed bull sperm [13, 18], numerous field trials were done using frozen sperm [10]. Seidel and Schenk [17] compiled their AI trials using heifers and cows, and concluded that pregnancy rates of sexed, low dose, frozen-thawed sperm averaged about 75% of control sperm with a normal dose. Also, they observed no difference in pregnancy rates in the range between 1.5 and 6 million sexed sperm per dose in heifers.

Frijiters *et al.* [19] used seven Holstein sires to evaluate how a lowered dosage and the sexing process affected the AI fertility of sexed sperm. They showed that 2/3 of the decrease in the pregnancy rates was the result of lowered sperm numbers being depoisted and 1/3 was caused by the sorting process itself. DeJarnette *et al.* [20] found no difference in pregnancy rates between two million (commonly used) and 3.5 million doses of sexed sperm from six Holstein bulls in commercial herds (heifers and cows). DeJarnette *et al.* [21] further performed a large AI trial using eight bulls and 350 straws per treatment per sire and compared sexed and unsexed sperm at dosages of 2 and 10 million sperm per straw. In the results for 51 dairy herds, sperm dosages and herds (management and technicians' skill) had an interaction affecting the pregnancy rates. Overall, inseminating doses of 10 million sexed sperm resulted in higher pregnancy rates than two million, but did not compensate to the level of the two million dose of unsexed control sperm [21].

These results suggest that the fertility of sexed frozen sperm is only slightly compensated by increasing the sperm number per insemination dose. Based on earlier trials [12, 13], one AI dose containing two million sexed frozen sperm is recognized as the minimum threshold to achieve acceptable pregnancy rates in heifers [10, 17]. Production of sexed sperm requires huge investments; instruments, laboratory facilities, skilled technicians and a license. Consequently, semen suppliers (AI organizations) are still adopting the 'low dose' concept to match the costs to the demand [10].

## Why is Fertility of Sexed Sperm Reduced?

While Guthrie *et al.* [22] showed the laser power used for sperm sexing was not detrimental to embryonic development in swine, Suh *et al.* [23] reported that lowering sheath fluid pressure (50 to 40 psi) in a sperm sorter improved motility and cellular integrity of sorted bull sperm without compromising sorting efficiency. Al fertility [24] and *in vitro* produced (IVP) embryo yields [25] were improved using sexed bull sperm sorted at lowered pressure. This kind of mechanical stress is thought to be a major cause of the decreased fertility associated with the current sperm sexing process [14]. Virtually all the sperm sorters are now operated at 40 psi [10].

Palma *et al.* [26] observed that IVP bovine embryos from sexed sperm had more ultrastructural deviations than their non-sexed counterparts. This indicates sperm sorting might influence the subsequent embryonic development and cause the lowere pregnancy rates. Gosálvez *et al.* [27] investigated DNA fragmentation status in sexed frozen bull sperm. They suggested that DNA fragmentation increased faster in sorted, frozen-thawed sperm than in control sperm. It might also be linked to the reduced fertility of sexed sperm.

Besides the sexing procedure and lowered sperm number, individual bulls show vast variations of fertility *in vivo* [17, 28] and *in vitro* [25, 26, 29, 30]. It is important to select bulls in commercial settings for their field fertility and seminal tolerance for the sexing process [10, 14–15, 19, 21, 28].

# Sex Bias and Normalcy of Calves

Purity (% of X- or Y-sperm) in a batch of sexed semen can be evaluated by 'reanalyzing' sperm DNA content using a flow cytometer [9] (Fig. 1c and 1d). With this technique, semen suppliers have set 90% as a minimum threshold for selling sexed semen [10]. With this virtual industry standard, sex bias of calves derived from sexed semen has been as expected (around 90%) in commercial settings [10, 19–21, 28].

On the other hand, people are concerned that the calves produced using a new biotechnology, such as sexing, might have abnormalities, because the current sperm sexing procedure uses a DNA-binding dye and exposure to UV laser light [7, 14, 16]. Tubman *et al.* [31] studied 1,169 calves from field trials with sexed sperm. They found no evidence of increased abnormalities in the fetal, perinatal and neonatal stages compared to the counterparts from control sperm. It is impossible to prove 'no effect'; however, millions of calves have been phenotypically normal, and resulted females have been producing progenies since this technique was introduced into the industry [10]. It is widely accepted that genetic damage resulting from the sperm sexing process is extremely low and not yet detectable [7, 14, 31].

## **Other Applications and Future Developments**

Recently, researchers have been trying to inseminate sexed semen at time points closer to ovulation (s) [32, 33], since it is hypothesized that sexed sperm have shorter half-life (including accelerated capacitation) in the female reproductive tract than conventionally processed sperm [34]. These trials have shown promising results for timed insemination protocols and the approaches need further investigation to achieve general agreement for complete AI protocols.

Since the supply of sexed semen is still limited, there is great interest in using it in embryo transfer (ET) programs [11, 28–30, 35–36]. ET programs using multiple ovulation and embryo transfer (MOET) [28, 35–36] or IVP using *in vitro* fertilization (IVF) [29, 30] can increase the number of offspring produced from a unit of sexed semen used. Fertility of a transferred embryo in MOET is not compromised regardless if it is derived from sexed sperm [28]. However, inseminating sexed sperm in an ovarian-superstimulated female is challenging because of the higher costs of sexed semen and the program itself. Although increased sperm number per inseminate may improve the rate of usable embryos, the *in vivo* embryo yield is highly dependent upon each situation [28, 35–36]. The IVF-IVP program is an option for the production of embryos from slaughtered ovaries at relatively low cost using sexed sperm [29, 30].

The accuracy and production efficiency of sexed sperm have been dramatically improved by development of the sorting hardware and software [9, 10, 14, 37]. In contrast, the accompanying procedure of sperm processing has not been modified greatly since its initial establishment [12, 14, 18]. Each of sperm processing steps (handling ejaculates, Hoechst 33342 staining, high-dilution and centrifugation, cryopreservation, etc.) is indispensable for the current method and has ample room for further optimization. Recent work suggests the possibility of improving the quality and fertility of sexed sperm [38–40].

For the aforementioned reasons, techniques without cell-sorting have been anticipated for simpler, cheaper, faster and less invasive sperm sexing [10, 14]. For example, immunological approaches are being considered for mass sexing [41, 42]. However, it is not likely that any method will emerge soon as a commercially viable alternative [10, 14].

### Conclusions

Many contributors have developed the current sperm sexing technology, mainly supported by the cattle industry. This review covered only a small part of their important accomplishments. Sexed semen products are successfully reproduced at multiple sites around the world. This means a paradigm shift in cattle reproduction, just as AI had an immeasurable impact on the industry. However, the current technology is not yet fully mature and requires further refinements in both procedures and applications.

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